

Broccoli (Darta)

Pack Size: 1KG BAG

Product Description:

Cook from frozen. Perfect for stir fries, pasta dishes and salads.

Brand: Darta



Ingredient Declaration: Broccoli florets (100%)

Allergens:	NOT APPLICABLE		N/A	
Additional Allergen Information:	Barley	No	Almond nuts	No
	Oats	No	Brazil nuts	No
	Rye	No	Cashew nuts	No
	Wheat (including Spelt and Khorasan)	No	Hazelnuts	No
			Macadamia (Queensland) nuts	No
			Pecan nuts	No
			Pistachio nuts	No
			Walnuts	No

Diet Suitability:	NOT APPLICABLE	N/A
	SUITABLE FOR	Vegetarians, Vegan

Nutritional Information:	Nutrient	per 100g/ml
	Energy (kJ/kcal)	26 kcal / 110 kJ
	Fat	0 g
	of which Saturates	0 g
	Carbohydrate	2 g
	of which Sugars	2 g
	Fibre	3.1 g
	Protein	3 g
	Salt	0.03 g

Directions For Use: Best cooked from frozen Add the deepfrozen vegetables to boiling water and cook over a gentle heat for approx. 6 - 8 min. Season to taste Also suitable for preparation in micro-wave

Storage Instructions: Refrigerator: 24 hours Freezer compartment: 48 hours Freezer -18°C: see expiry date

Shelf Life Once Open:

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.